

Get out of Bed

a song by Alan Smith Robertson

<https://youtu.be/eCvbqTogtDs>

Pre-listening activities

Look at the quote below. Do you agree? Do **you** dream of success? Or do you “**make it happen**”?

“Some people dream of success, while other people get up every morning and make it happen.” - Wayne Huizenga

Look at the lyrics and put a word from the list on the right into each gap, then listen to check. Sometimes more than one word is possible, & some words are repeated.

Lyrics

Get up out of bed!

It's _____ new morning, there's so much to do,
and there's no time to waste

Get up out of bed!

While you were sleeping _____ have changed the world,
go change it yourself

There are _____ things to life than watching paint go dry

Get up out of bed!

Go change the world make it a better place,
go and do your best

Get up out of bed!

You ain't no John Lennon so get up and get dressed,
there's _____ way

And when your hopes are looking down you've got to help _____ out

Get up out of bed!

There are two things to fear, and one is failure,
but _____ is regret

Get up out of bed!

Failure is just _____ step towards success,
so go and make mistakes

I now regret the times I was too afraid to try

I have failed and I have suffered

on the one hand and then _____
but with each failure I have discovered
if 10 ways didn't work to just try _____ and...

Wordlist

another
each other
other
others
no other
the other
the others

Post-listening activities

1. **Look at these lyrics:** *There are other things to life than watching paint go dry*

What does “watching paint go dry” mean? Do you have a similar expression in your language?

1. **Look at these lyrics:** *Get up out of bed!
You ain't no John Lennon so get up and get dressed,
there's no other way.*

Do you know who John Lennon is? Do you know the cultural reference being made here?

2. **Are you a morning person? Or do you find it difficult to get up in the morning?**

3. **Look at the quotes below on failure and success.**

Do you know any of the people who said these quotes or what they are famous for?

“If you're not prepared to be wrong, you'll never come up with anything original.” - Ken Robinson

“Giving up is the only sure way to fail.” - Gena Showalter

“When you take risks you learn that there will be times when you succeed and there will be times when you fail, and both are equally important.” - Ellen DeGeneres

“I have not failed. I've just found 10,000 ways that won't work.” - Thomas A. Edison

“There is only one thing that makes a dream impossible to achieve: fear of failure.” - Paulo Coelho

“The only real mistake is the one from which we learn nothing.” - Henry Ford

“Failure is so important. It is the ability to resist failure or use failure that often leads to greater success. I've met people who don't want to try for fear of failing.” - J.K. Rowling

“Success is where preparation and opportunity meet.” - Bobby Unser

“Success consists of going from failure to failure without loss of enthusiasm.” - Winston Churchill

“However difficult life seems, there is always something you can succeed at.” - Stephen Hawking

“Failure is the mother of success” - Japanese, Chinese & Korean proverb

Do you agree with the quotes listed above?

Do you know any other quotes or proverbs about failure and success?

Does your language have any interesting proverbs about failure and success?

Get out of Bed

a song by designed to practise ANOTHER, OTHER(S) & THE OTHER(S)

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Teacher's answer sheet. Length: approximately 30 minutes

Pre-listening activities

Look at the quote below. Do you agree? Do **you** dream of success? Or do you “**make it happen**”?

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Look at the lyrics and put a word from the list on the right into each gap, then listen to check. Sometimes more than one word is possible, & some words are repeated.

Get up out of bed!

It's _____ new morning, there's so much to do,
and there's no time to waste

Answers

another

Get up out of bed!

While you were sleeping _____ have changed the world,
go change it yourself

others

There are _____ things to life than watching paint go dry

other

Get up out of bed!

Go change the world make it a better place,
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Get up out of bed!

You ain't no John Lennon so get up and get dressed,
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And when your hopes are looking down you've got to help _____ out

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Get up out of bed!

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Failure is just _____ step towards success,
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another

I now regret the times I was too afraid to try

I have failed and I have suffered

on the one hand and then _____

but with each failure I have discovered

if 10 ways didn't work to just try _____ and...

the other

the others

Post-listening activities

1. Look at these lyrics: *There are other things to life than watching paint go dry*

What does “watching paint go dry” mean? Do you have a similar expression in your language?

Similar to “watching the grass grow”, it means doing something incredibly boring

1. Look at these lyrics: *Get up out of bed!
You ain't no John Lennon so get up and get dressed,
there's no other way.*

Do you know who John Lennon is? Do you know the cultural reference being made here?

John Lennon was one of the Beatles. In 1969- during the Vietnam war- he staged a nonviolent protest against wars called “The Bed-ins for Peace” in which he and his wife Yoko Ono spent two weeks in bed.

2. Are you a morning person? Or do you find it difficult to get up in the morning?

3. Look at the quotes below on failure and success.

Do you know any of the people who said these quotes or what they are famous for?

“If you're not prepared to be wrong, you'll never come up with anything original.” - Ken Robinson

Sir Ken Robinson was an advisor on education in the arts to government, non-profits, education and arts bodies.

“Giving up is the only sure way to fail.” - Gena Showalter

Gena Showalter is an American writer

“When you take risks you learn that there will be times when you succeed and there will be times when you fail, and both are equally important.” - Ellen DeGeneres

Ellen deGeneres is an American comedian, television host, actress, writer, and producer.

“I have not failed. I've just found 10,000 ways that won't work.” - Thomas A. Edison

Thomas A. Edison was an American inventor. He worked on the phonograph, the motion picture camera, and early versions of the electric light bulb.

“There is only one thing that makes a dream impossible to achieve: fear of failure.” - Paulo Coelho

Paulo Coelho is a Brazilian lyricist and novelist

“The only real mistake is the one from which we learn nothing.” - Henry Ford

Henry Ford was an American industrialist. Founder of the Ford Motor Company, and chief developer of the assembly line technique of mass production.

“Failure is so important... It is the ability to resist failure or use failure that often leads to greater success. I've met people who don't want to try for fear of failing.” - J.K. Rowling

J.K. Rowling is a British writer, author of the Harry Potter fantasy series.

“Success is where preparation and opportunity meet.” - Bobby Unser

Bobby Unser was an American automobile racer.

“Success consists of going from failure to failure without loss of enthusiasm.” - Winston Churchill

Sir Winston Churchill was the British Prime Minister during the Second World War.

“However difficult life seems, there is always something you can succeed at.” - Stephen Hawking

Stephen Hawking was an English theoretical physicist, cosmologist, and writer.

“Failure is the mother of success” - Japanese, Chinese & Korean proverb

Do you agree with the quotes listed above?

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